



CERTIFICATE OF PARTICIPATION

This is to certify that

Nicola Pennel

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 05:22:18

PACE 07:39/km

GENDER 141 of 271

OVERALL 471 of 834

SENIOR (20- 73 of 134 39)



08 July 2023, Sat

Date

BoutTime

Signature

